



Speed & Agility Training



It's time to move!
It's time for speed!
It's time to get the edge!



We keep our groups small so you can get big results!

Track A: Tuesday & Thursday → 4:30 PM to 5:30 PM

Track B: Tuesday & Thursday → 5:30 to 6:30 PM

Track C: Wednesday 7 PM to 8 PM & Saturday 9 AM to 10 AM

Pick a Track and Attend as Many
Sessions as You Wish

\$119* for Four (4) Weeks

\$199* for Eight (8) Weeks

\$279* for Twelve (12) Weeks



Sign-Up for Automatic Billing on the 12-Week Program and Receive a \$25 Credit
for each Renewal: Valid for TSP Class, Clinic, or Lesson Package

Single Session \$39

Full Name: _____ Phone #: _____

E-Mail: _____ Signature: _____

Recognizing the possibility of physical injury associated with any organized activities and in consideration for accepting the registrant for its program (the "Program"), I hereby release, discharge, and/or otherwise indemnify THE SPORTS PLACE, PREMIER FITNESS, its affiliated organizations and sponsors, their employees and associated personnel, including the owners of facility utilized for the Program against any claim by or on behalf of the registrant's participation in the Program. I hereby authorize myself or my child/ward to participate in this program, certify that I (or my child/ward) are in appropriate physical condition to participate, and understand the risks associated risks.

The Sports Place ~ 845-358-GAME (4263) ~ www.TheSportsPlace.com

*Speed & Agility Training fees are non-refundable. ~ Printed on 100% recycled paper